



# June 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1</b> Off	<b>2</b> Off	<b>3</b> Off	<b>4</b> Off	<b>5</b> Off	<b>6</b>
<b>7</b>	<b>8</b> Strength and Conditioning 12-1:30	<b>9</b> Strength and Conditioning 12-1:30	<b>10</b> Strength and Conditioning 12-1:30 *Captains practice TBA	<b>11</b> Strength and Conditioning 12-1:30	<b>12</b> Off	<b>13</b>
<b>14</b>	<b>15</b> Strength and Conditioning 12-1:30	<b>16</b> Strength and Conditioning 12-1:30	<b>17</b> Strength and Conditioning 12-1:30 *Captains practice TBA	<b>18</b> Strength and Conditioning 12-1:30f	<b>19</b> Off	<b>20</b>
<b>21</b>	<b>22</b> Strength and Conditioning 12-1:30  *Youth Camp 8-10	<b>23</b> Strength and Conditioning 12-1:30  *Youth Camp 8-10	<b>24</b> Strength and Conditioning 12-1:30 *Captains practice TBA  *Youth Camp 8-10	<b>25</b> COMBINE DAY/Equipment Pick Up 9:00-12:00  *Youth Camp 8-10	<b>26</b> Off  *Youth Camp 8-10	<b>27</b>
<b>28</b>	<b>29</b> Off Dead Week	<b>30</b> Off Dead Week				



# July 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Off Dead Week	2 Off Dead Week	3 Off Dead Week	4
5	6 <u>Camp Day #1</u> <u>8:00-12:00</u> 	7 <u>Camp Day #2</u> <u>8:00-12:00</u>  Team building- Day	8 <u>Camp Day #3</u> <u>8:00-12:00</u>  V/S- 7 on 7-ACHS @4:30 	9 <u>Camp Day #4</u> <u>8:00-12:00</u> 	10 Off	11
12	13 <u>Camp Day #5</u> <u>8:00-12:00</u> 	14 <u>Camp Day #6</u> <u>8:00-12:00</u> 	15 <u>Camp Day #7</u> <u>8:00-12:00</u>  V/S- 7 on 7-ACHS @4:30 	16 <u>Scrimmage Day 8</u> <u>(Deerfield &amp; Streamwood)</u>  8:00-12:00	17 Off	July 18 Golf Outing & Parent Mixer
19	20 <u>Camp Day #9</u> <u>8:00-12:00</u> 	21 <u>Camp Day #10</u> <u>8:00-12:00</u> 	22 <u>Camp Day #11</u> <u>8:00-12:00</u>  V/S- 7 on 7-ACHS @4:30 	23 <u>Camp Day #12</u> <u>8:00-12:00</u> 	24 Off	25
26	27 <u>Camp Day #13</u> <u>8:00-12:00</u> 	28 <u>Camp Day #14</u> <u>8:00-12:00</u> 	29 <u>Camp Day #15</u> <u>8:00-12:00</u>  V/S- 7 on 7-ACHS @4:30 	30 <u>Camp Day #16</u> <u>8:00-12:00 (Last Day)</u> 	31 Off	



# August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 Off	3 <b>Camp Day #17</b> <u>8:00-12:00</u> 	4 <b>Camp Day #18</b> <u>8:00-12:00</u> 	5 <b>Camp Day #19</b> <u>8:00-12:00</u> 	6 <b>Camp Day #20</b> <u>8:00-12:00</u> 	7 Off	8
9	10 <i>First Official Day Of Football</i> (Start of regular practices 3:40-6:40) 	11 <i>Practice</i> 3:40-6:40	12 <i>Practice</i> 3:40-6:40	13 <i>Practice</i> 3:40-6:40	14 <i>Practice</i> 3:40-6:40	15 <i>Practice</i> 9:00 a.m.-12:00p.m.
16	17 <i>Practice</i> 3:40-6:40	18 <b>First Day of School</b> <i>Practice</i> 3:40-6:40	19 <i>Practice</i> 3:40-6:40	20 <i>Practice</i> 3:40-5:30	21 <i>Schaumburg (H)</i>	22 <i>Practice</i> 9:00 a.m.-12:00p.m.
23/30	24/31 <i>Practice</i> 3:40-6:40	25 <i>Practice</i> 3:40-6:40	26 <i>Practice</i> 3:40-6:40	27 <i>Practice</i> 3:40-6:40	28 <i>Schaumburg (A)</i>	20